



Comenius-Projekt 2011-2013

*„Wir lernen Gesund zu leben!“*  
**Analysis of the survey on**

**health resources and the  
elimination**

**of the bad health habits**

**interrelated in various ways**

**ITALIA – RAGOGNA**





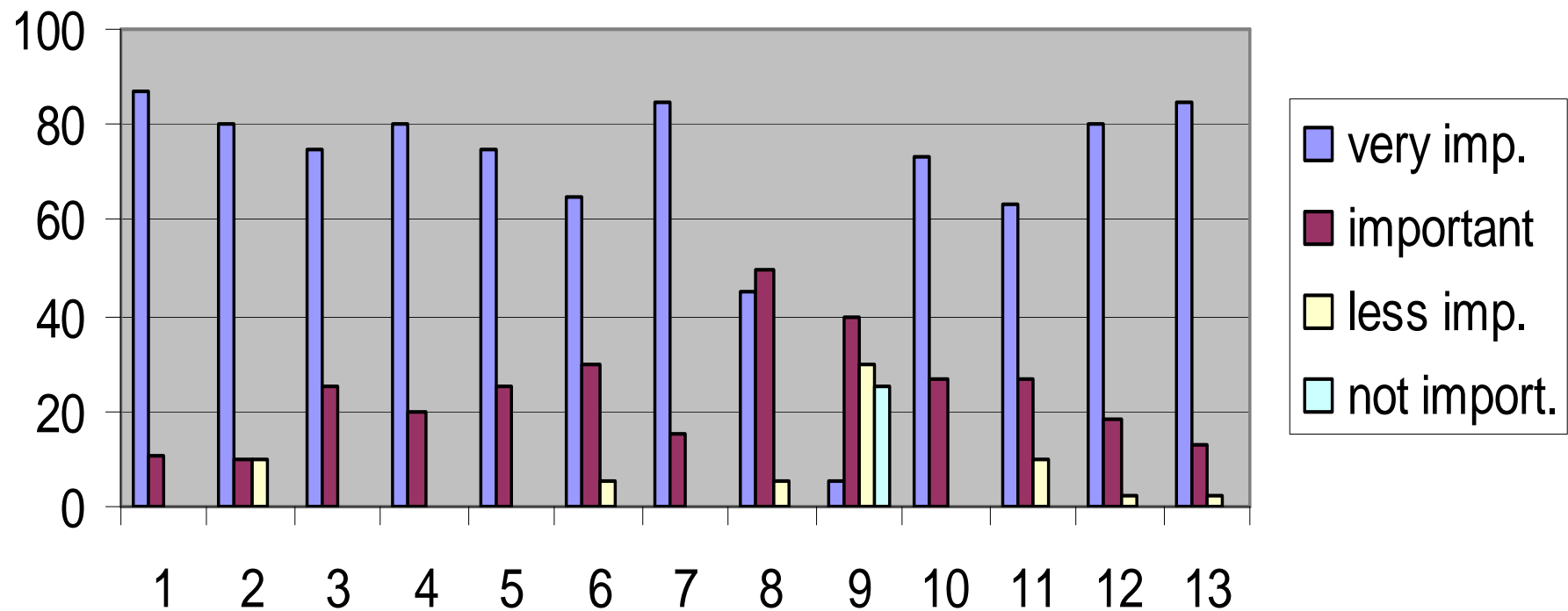
**We carried out the survey  
among 70 respondents  
(54 students, 10 parents  
and 6 teachers)**

**Here are their answers**

**%**

# The meaning of the terms and concepts included in the survey of health at school

## STUDENTS' ANSWERS

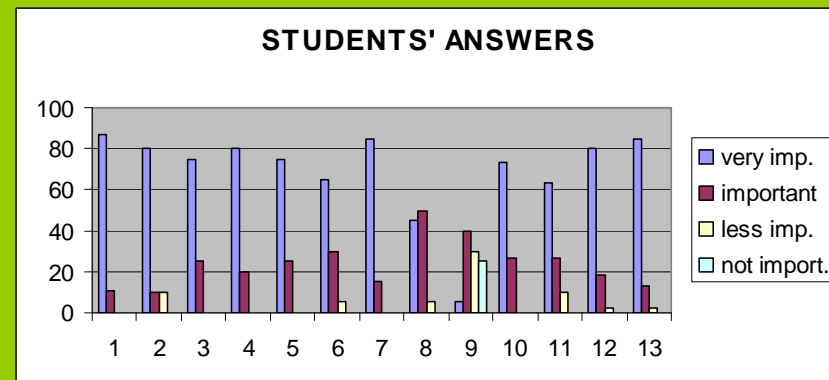


The number of questions

# STUDENTS' ANSWERS

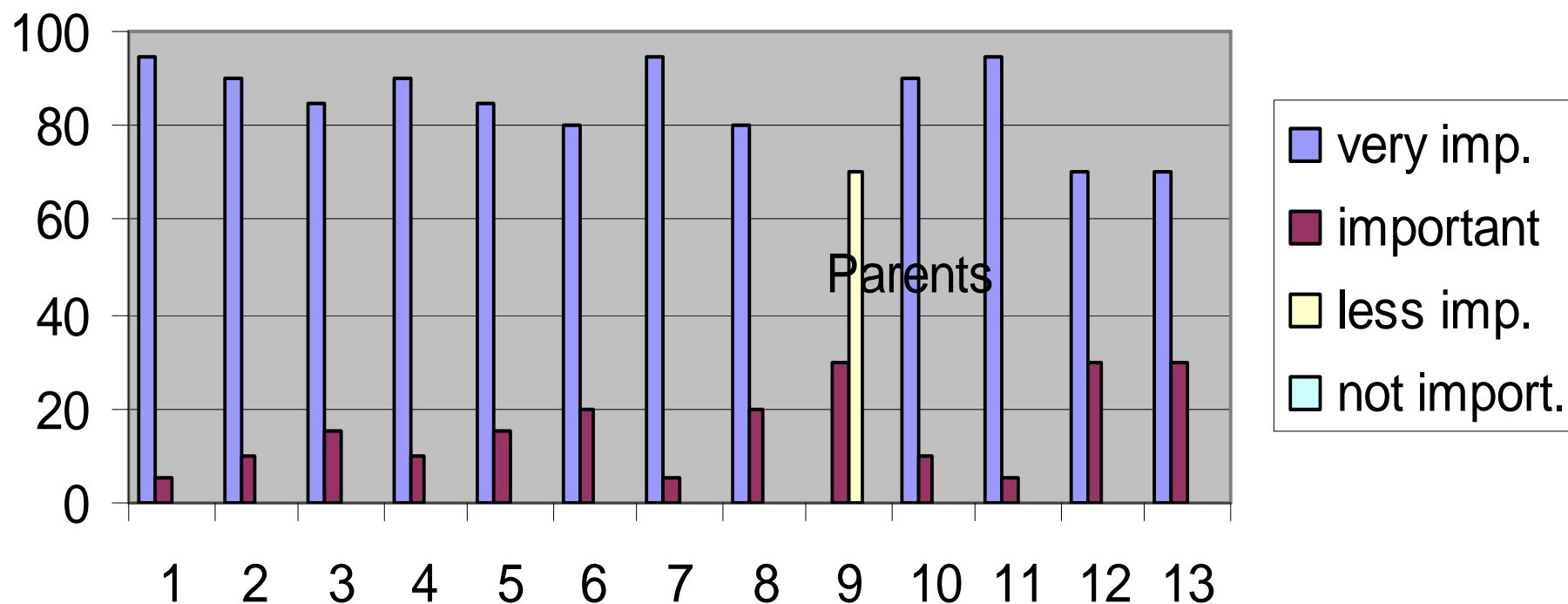
Most students recognized the value of health as “very important” and “important”.

Only about two questions, nr.8 and 9, they gave a value of “unlless” important, concerning the regular use of food in their school-day and how food is presented during the meals.



# The meaning of the terms and concepts included in the survey of health at school

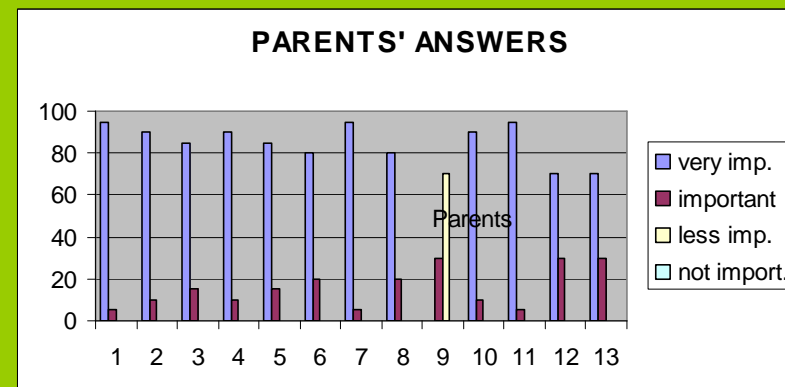
## PARENTS' ANSWERS



The number of questions

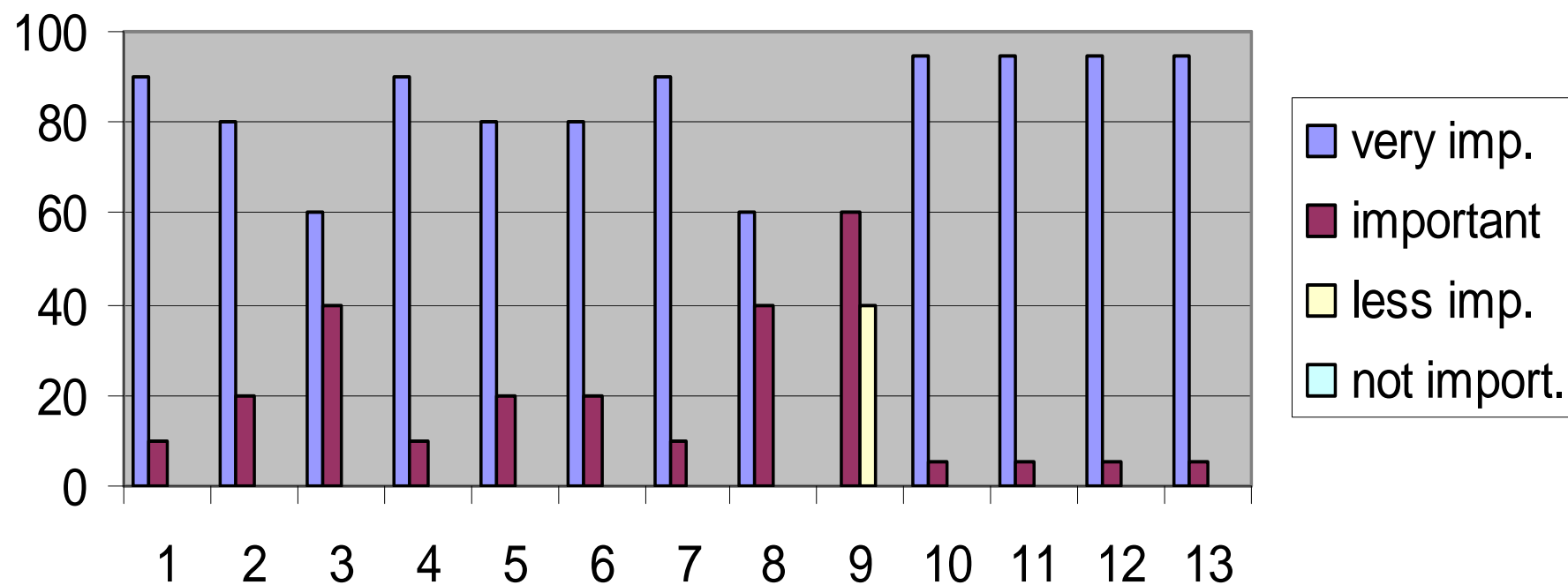
# PARENTS' ANSWERS

- All the parents gave a very high value of importance to everything concerning health, physical activities and meals except for the esthetic presentation of food during the meals.



# The meaning of the terms and concepts included in the survey of health at school

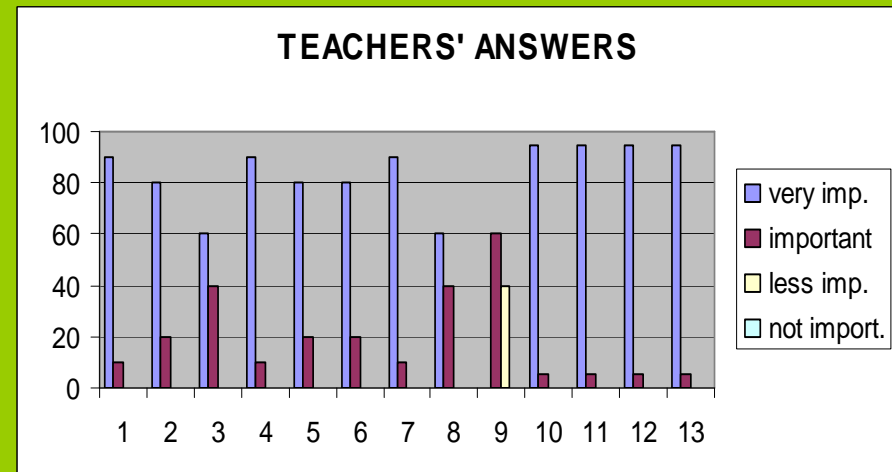
## TEACHERS' ANSWERS



The number of questions

# TEACHERS' ANSWERS

- Teachers recognized the value of health as “very important” and “important”; also for them the presentation of food during the meals is not so important.





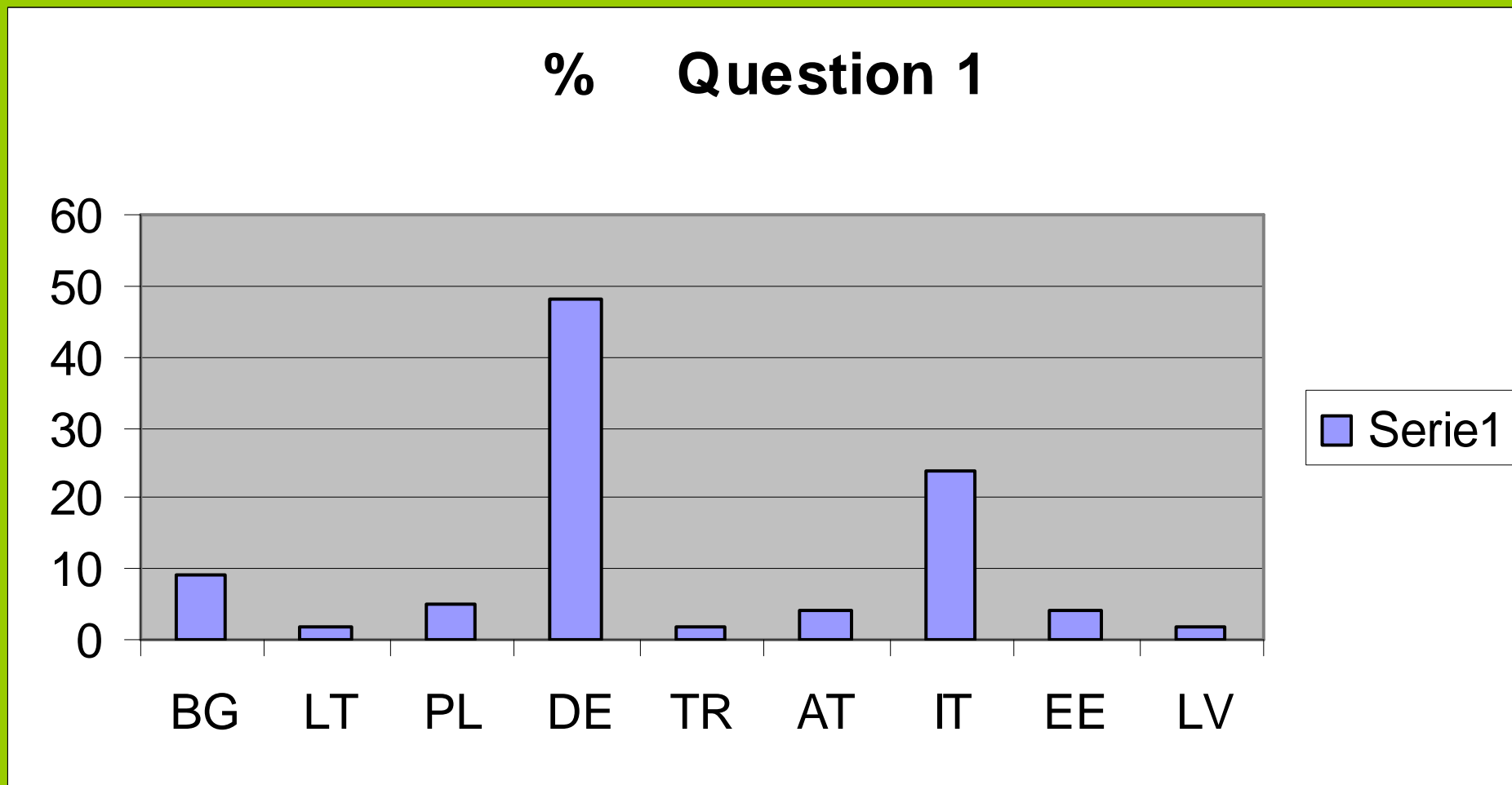


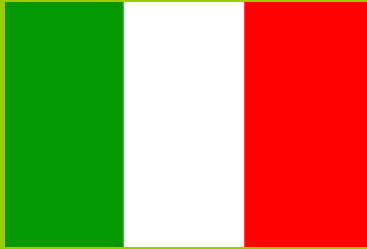
**In the opinion of the respondents**





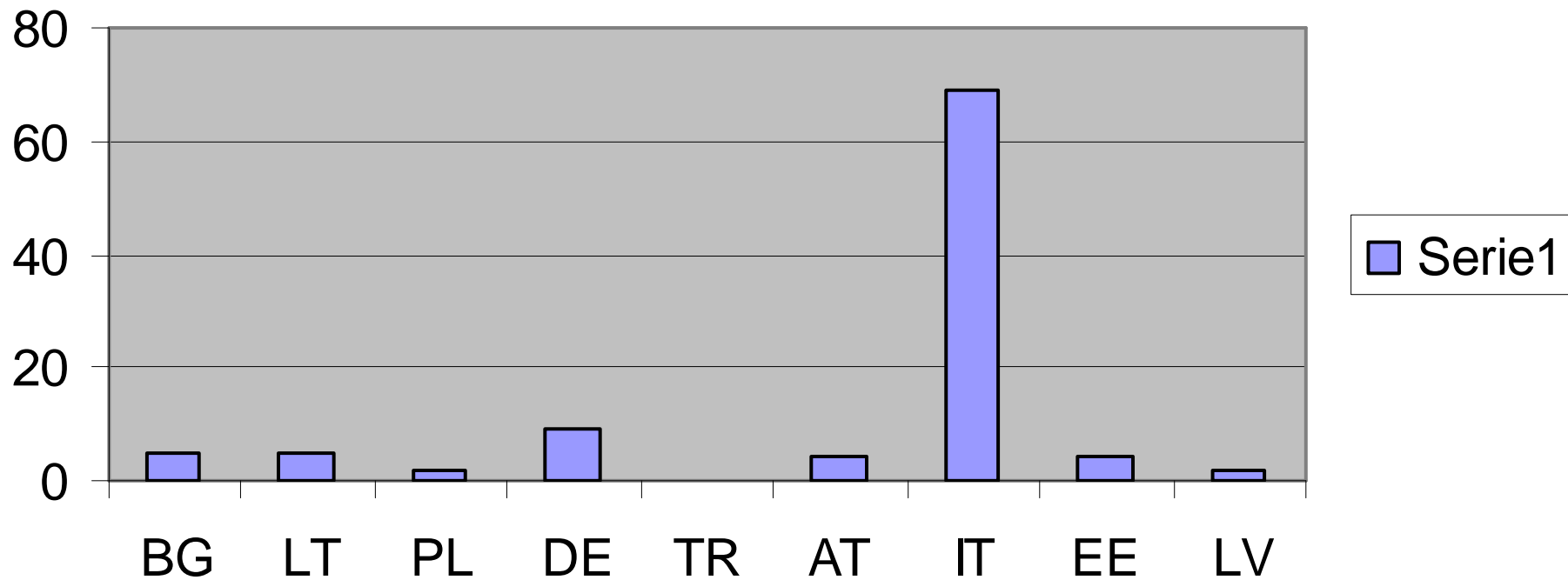
The greatest physical activity have  
German people





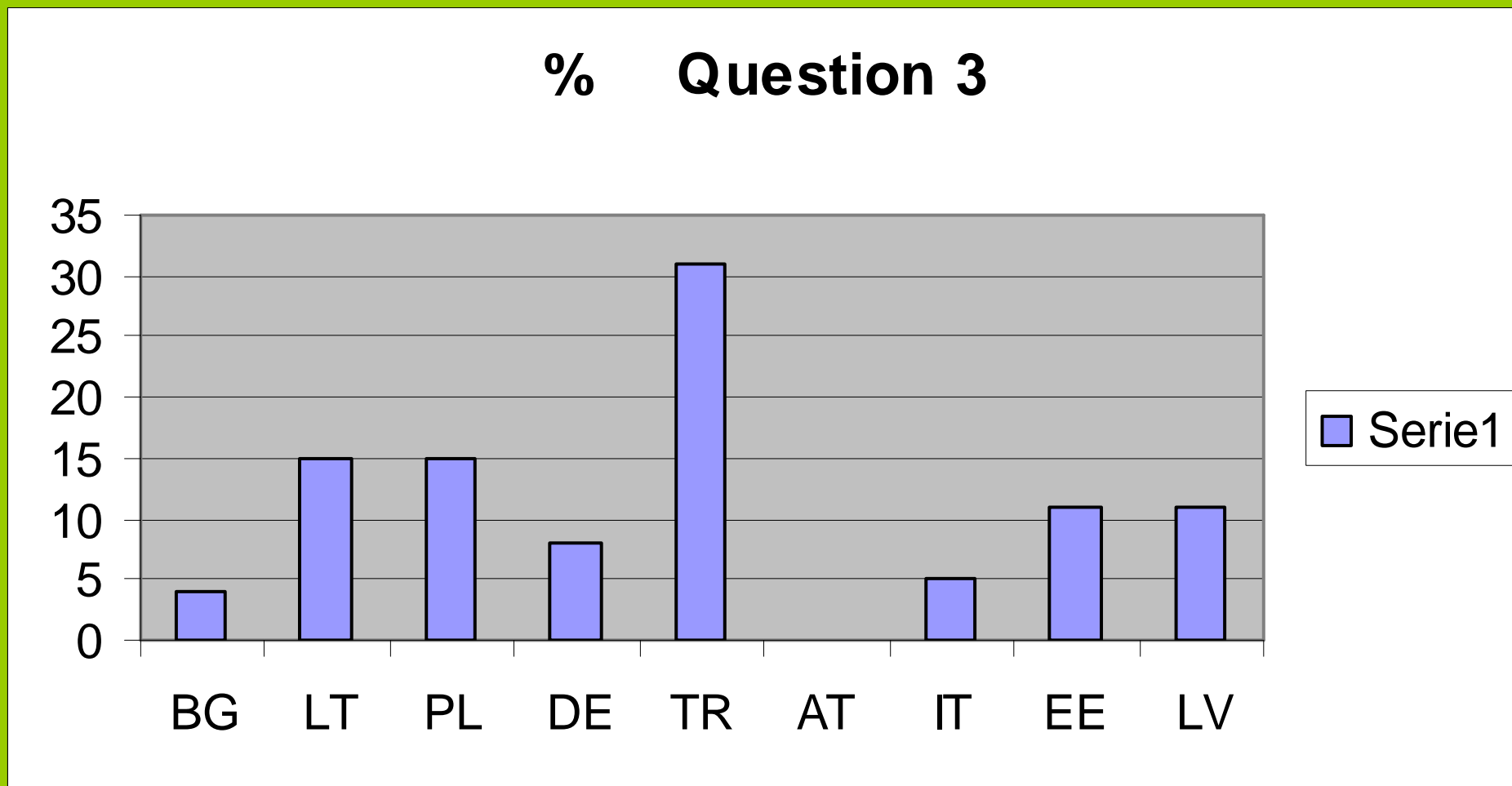
Most fruit and vegetables  
are eaten in Italy

% Question 2



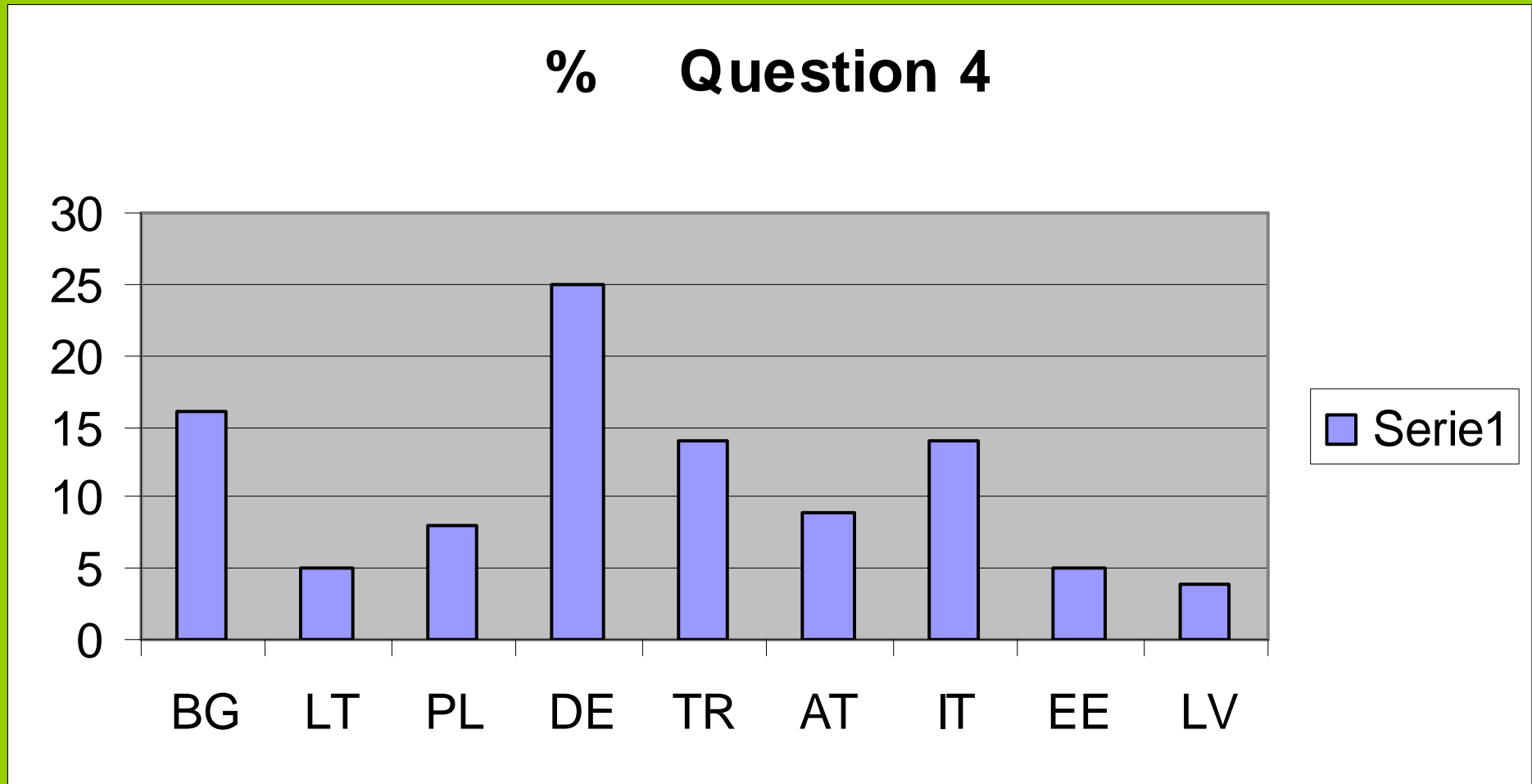


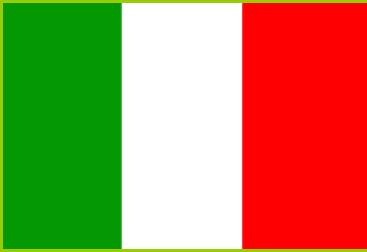
Most fish is eaten by Turks





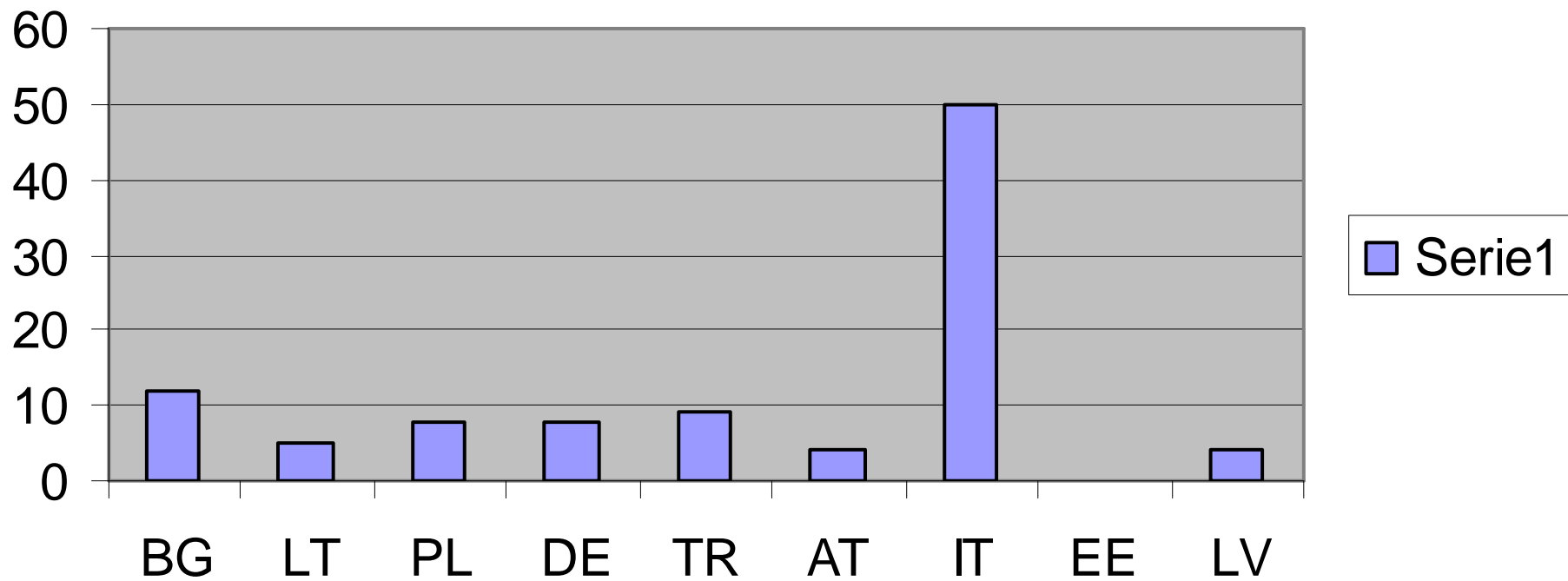
# Most vegetarians live in Germany





Most mineral water is drunk by Italians

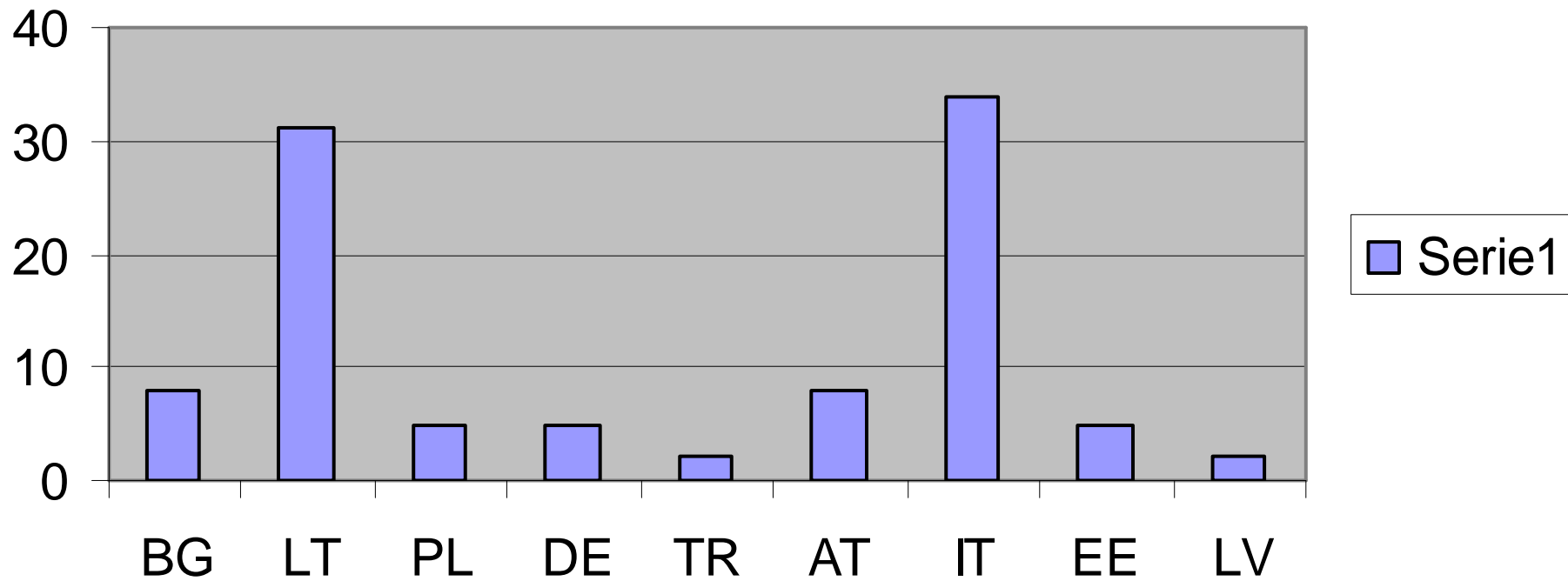
**% Question 5**





The healthiest national dish is made  
in Italy

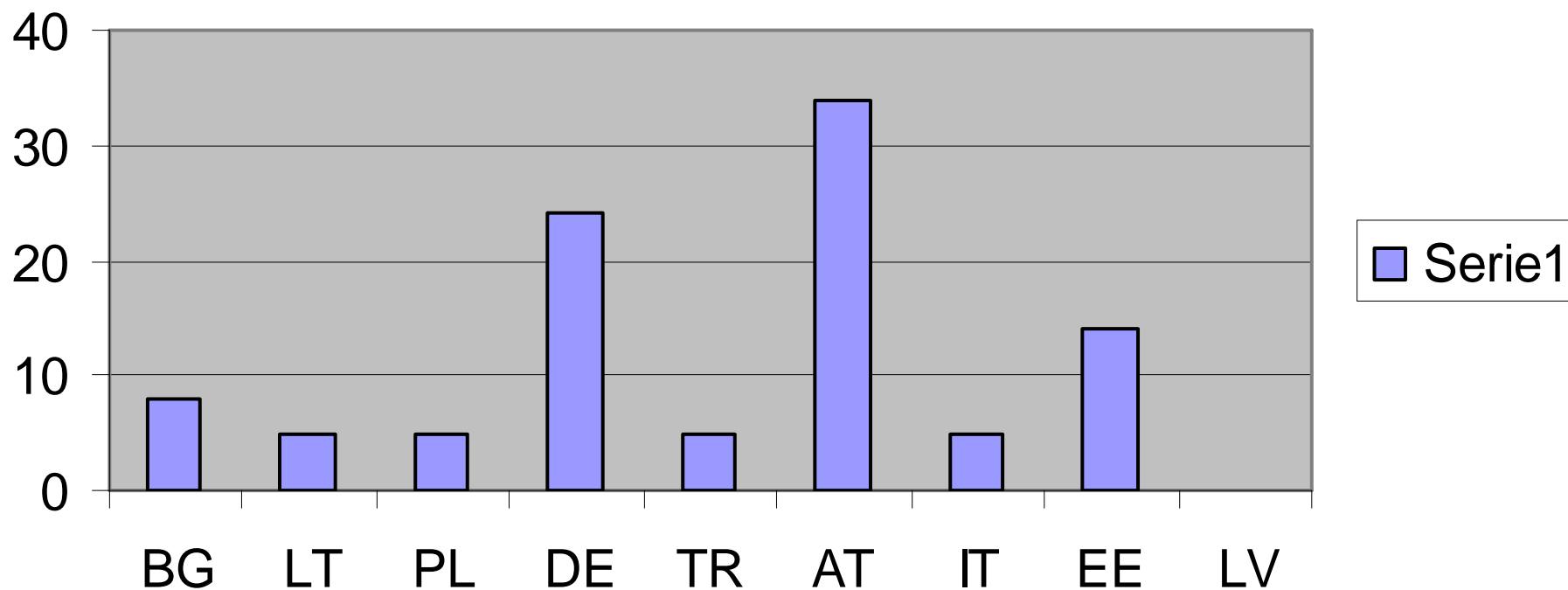
**% Question 6**





Austrian people spend their free time most actively

**% Question 7**

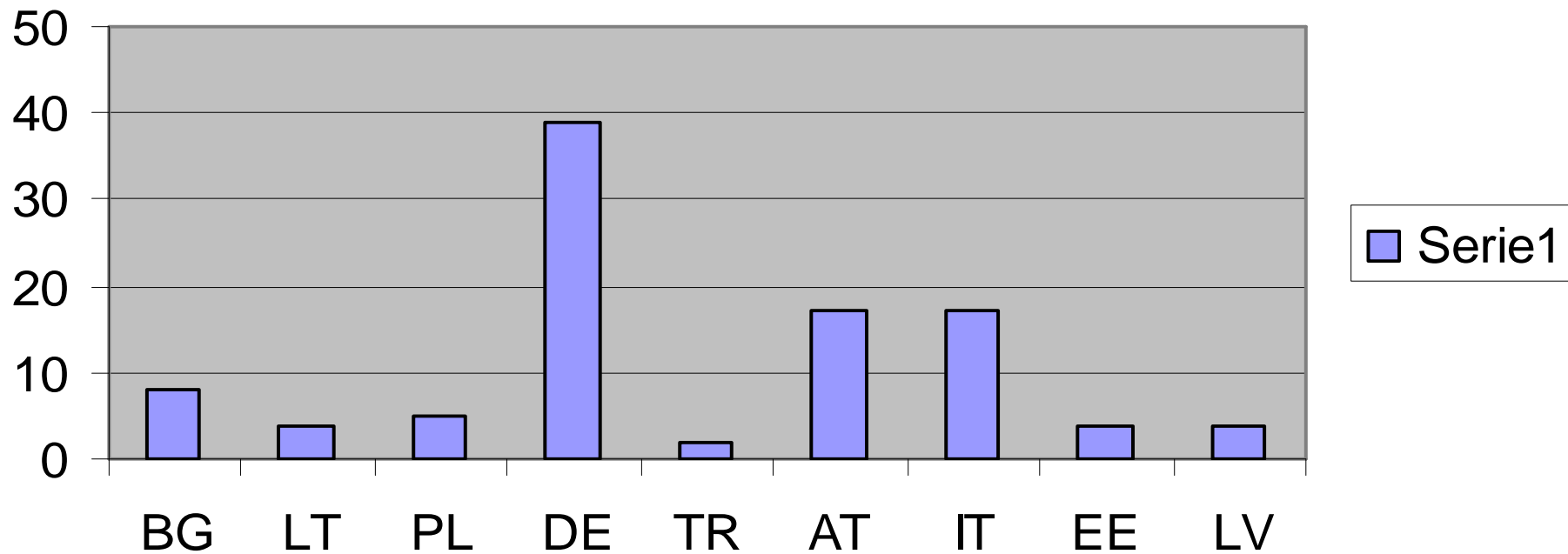






The greatest risk of obesity is  
in Germany

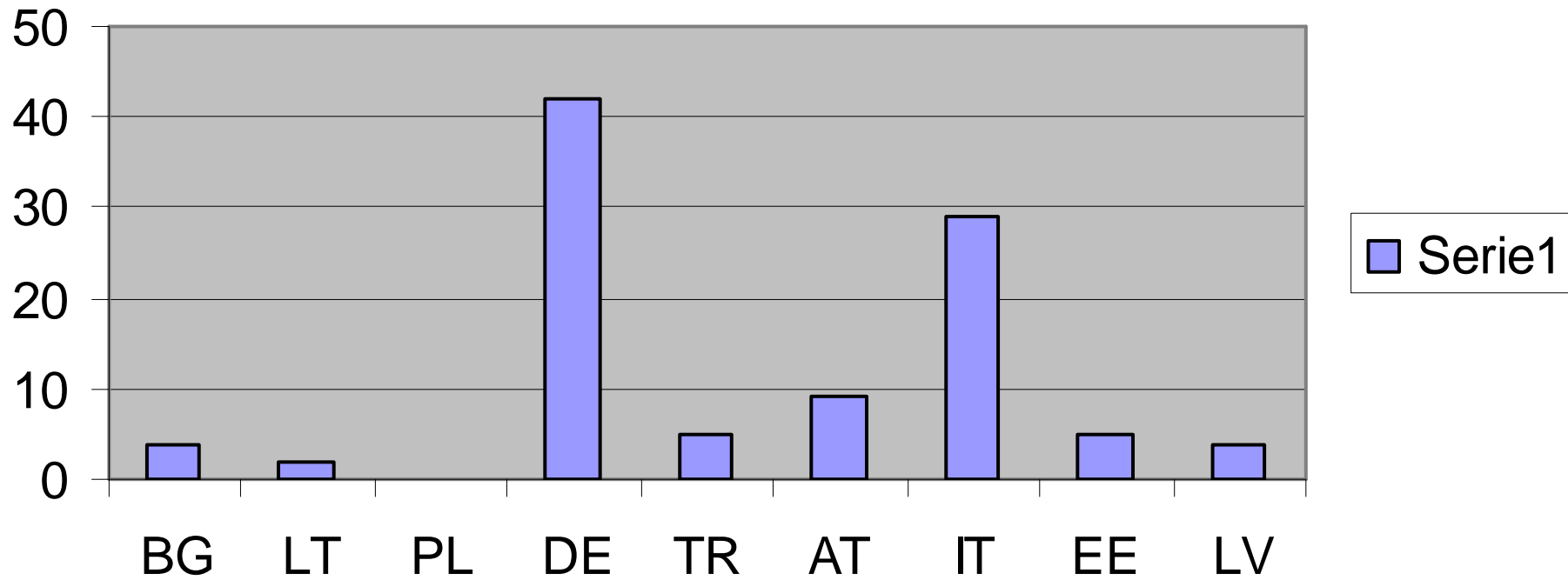
**% Question 8**





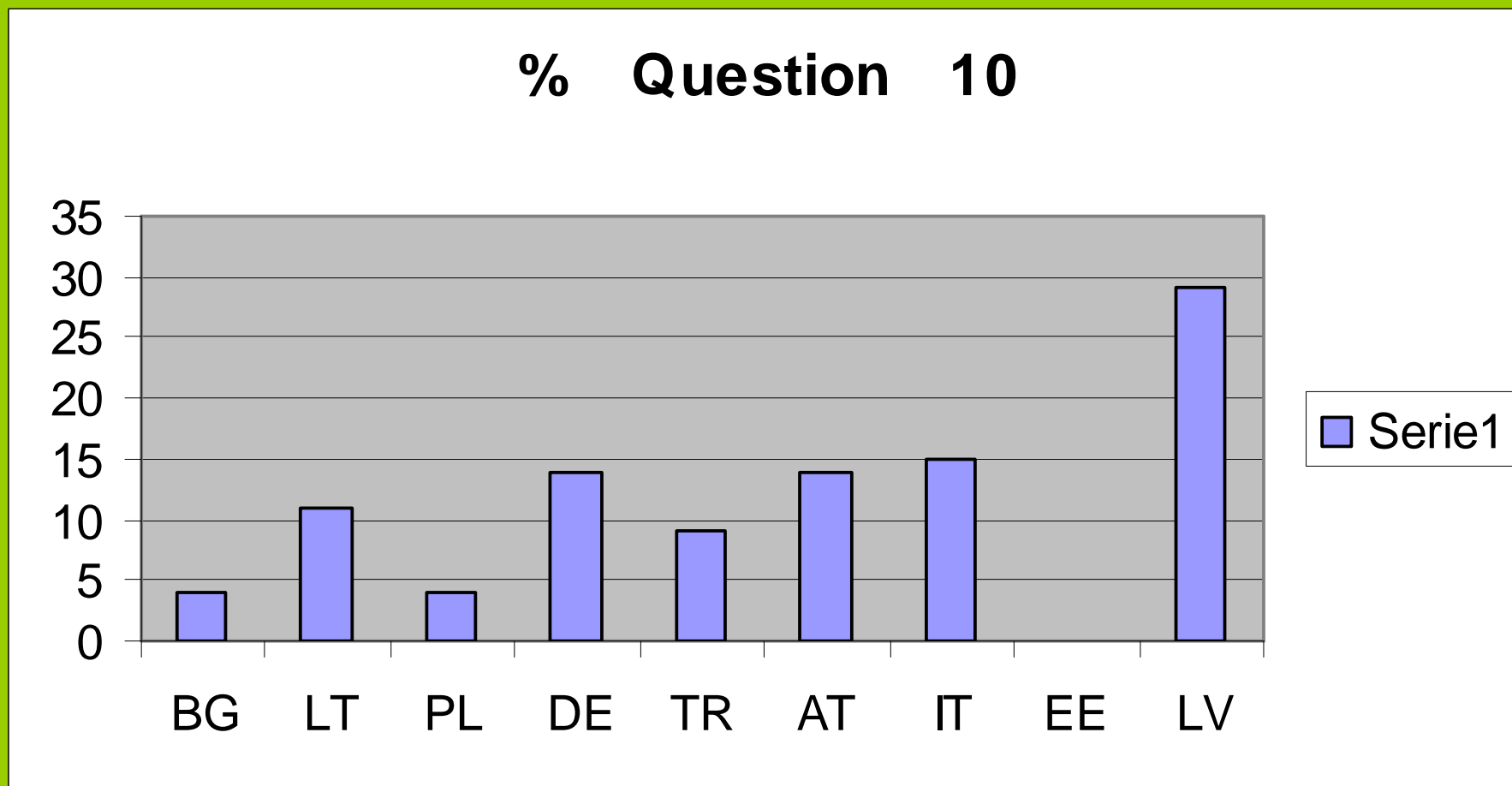
## German people often eat in Fast-Food Restaurants

% Question 9





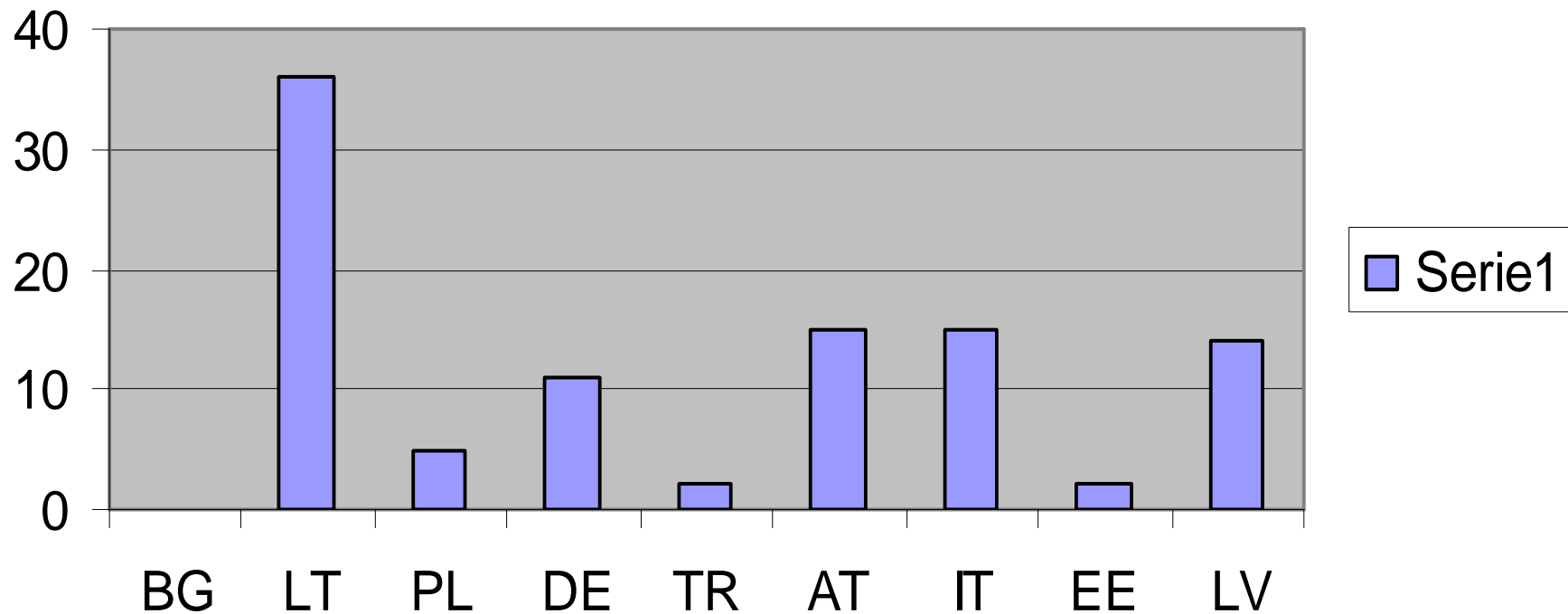
## Latvian people lead the healthiest lifestyle





Lithuanians are the best to cope with stress  
and they are great optimists

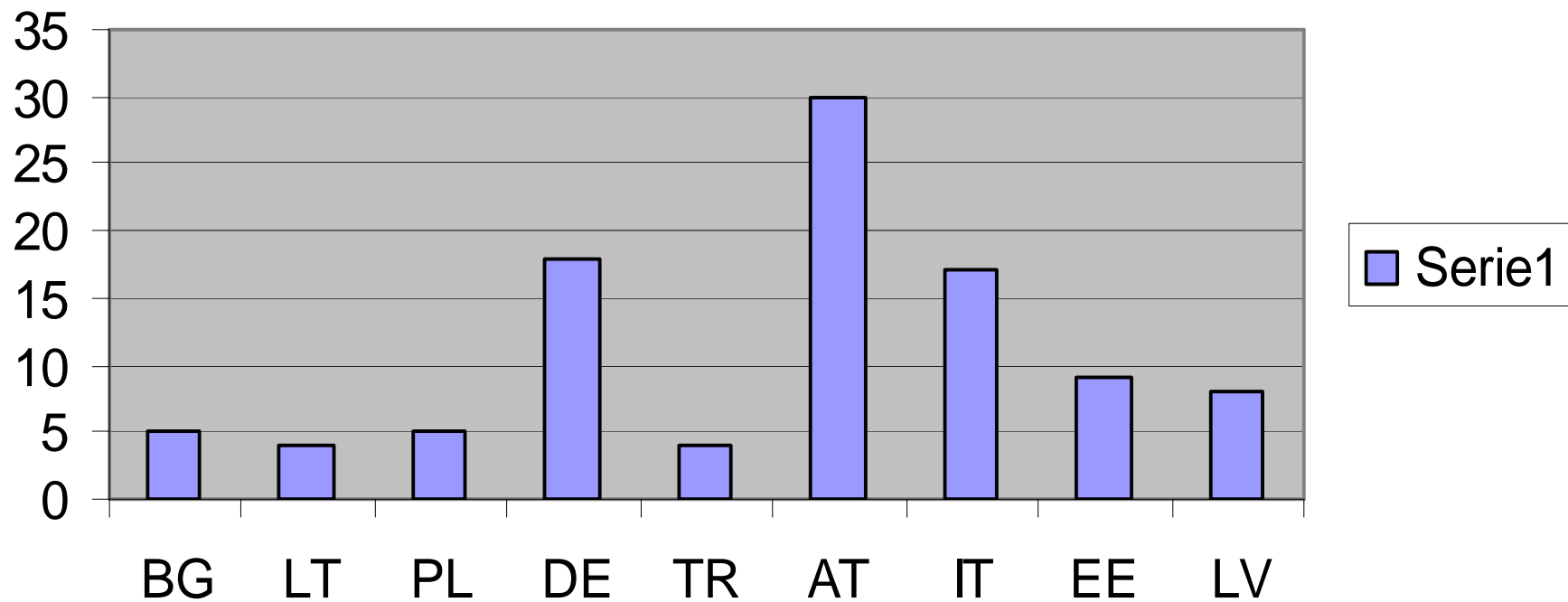
**% Question 11**





Austrian people most often buy healthy food

% Question 12



# Conclusions

- Everybody who was involved in this questionnaire has shown a big interest on it.
- Everyone has well understood the importance of physical activities, to cope bad eating habits in function of good health in the whole life, but beginning at school.
- Most of us need to learn more about our new foreign partner countries
- Many thanks for your attention!

